

## Minutes



HILLINGDON  
LONDON

### SOCIAL CARE, HOUSING AND PUBLIC HEALTH POLICY OVERVIEW COMMITTEE

7 February 2019

Meeting held at Committee Room 4 - Civic Centre, High Street, Uxbridge

	<p><b>Committee Members Present:</b> Councillors Jane Palmer (Chairman), Duncan Flynn (Vice-Chairman), Alan Deville, Ian Edwards, Tony Eginton, Becky Haggan and Paula Rodrigues</p> <p><b>LBH Officers Present:</b> Anisha Teji – Democratic Services Officer, Dr Steve Hajioff – Director of Public Health and Tom Murphy – Assistant Director of Early Intervention Prevention and SEND</p>
62.	<p><b>APOLOGIES FOR ABSENCE AND TO REPORT THE PRESENCE OF ANY SUBSTITUTE MEMBERS</b> (<i>Agenda Item 1</i>)</p> <p>Apologies received from Cllr Judith Cooper and Cllr Janet Gardner.</p>
63.	<p><b>DECLARATIONS OF INTEREST IN MATTERS COMING BEFORE THIS MEETING</b> (<i>Agenda Item 2</i>)</p> <p>None.</p>
64.	<p><b>TO RECEIVE THE MINUTES OF THE PREVIOUS MEETING 16 JANUARY 2019</b> (<i>Agenda Item 3</i>)</p> <p><b>RESOLVED:</b> That the minutes from the meeting on 16 January 2019 be confirmed as an accurate record.</p>
65.	<p><b>TO CONFIRM THAT THE ITEMS OF BUSINESS MARKED AS PART I WILL BE CONSIDERED IN PUBLIC AND THAT THE ITEMS MARKED AS PART II WILL BE CONSIDERED IN PRIVATE</b> (<i>Agenda Item 4</i>)</p> <p>It was confirmed that there were no Part II items and that all business would therefore be conducted in public.</p>
66.	<p><b>COMMITTEE REVIEW - UNIVERSAL CREDIT AND OTHER WELFARE BENEFIT CHANGES</b> (<i>Agenda Item 5</i>)</p> <p>Members received an update report on the review thus far.</p> <p>Following the last meeting, Democratic Services informed the Committee that a witness session had been arranged for Thursday 14 February 2019 with Inderpal Mudhar from the Department of Work and Pensions and Nigel Gee from Mind.</p> <p>At the meeting on 18 March 2019, Members would have an opportunity to discuss review recommendations and, subject to the recommendations agreed by the</p>

Committee, work would commence on drafting the final report for the review.

**RESOLVED: That the Committee noted the information presented in the update report.**

67. **UPDATE ON REVIEW INTO STROKE PREVENTION** (*Agenda Item 6*)

The Director of Public Health, Dr Steve Hajioff, provided the Committee with an oral update on Stroke Prevention.

The previous Social Services, Housing and Public Health Policy Overview Committee undertook a review on stroke prevention in the Borough. The aim of the review was to examine the work the Council carried out in relation to stroke prevention and to investigate other ways in which the Council could improve stroke prevention and help residents better understand what caused strokes.

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Dr Hajioff explained the impacts of a stroke on both patients and services. On average, it cost the NHS £10,000 to provide care for someone who had a stroke, but if that person had to go into a care home, it could cost the Council £100,000 a year for the rest of that person's life. A third of care home admissions are for people who have had strokes. All of this is in addition to the human cost to the person and their family.

There was an emphasis placed on what could be done to raise awareness and try to prevent strokes. The main risk factors for strokes are obesity, high blood pressure and atrial fibrillation. Dr Hajioff informed the Committee that since the review, a number of projects had commenced including an initiative to change the way NHS health checks were undertaken. The results from these were positive as 500 new people with atrial fibrillation had been identified and treated, as appropriate. This is estimated to prevent around 10 stroke deaths, and 20 hospital admissions for stroke. A programme looking into adult weight management had also been introduced with the hope of targeting at least 200 residents a year to manage obesity. Going forward, in addition to looking for obesity and high blood pressure, NHS Health checks locally will also specifically look for atrial fibrillation.

In the Council, mini health checks were offered to staff members during lunch sessions. This proved to be a positive exercise as a number of staff members were detected to have high blood pressure and referrals were made to GPs.

During Member discussions, it was noted that there was ongoing monitoring of people who had had stroke and a variety of services were available to help patients. These services included the Stroke Association which provided advice and rehabilitation to patients. There were also strong engagements with the CCG in relation to early intervention support for people at high risk of strokes. Concerns were raised about some of the challenges men encountered when trying to lose weight, particularly in relation to taking ownership and finding it daunting to see help and support. Dr Hajioff acknowledged that although this may be the case, referrals made by GPs often helped. Previously, trials had been undertaken to use commercial providers to try and encourage weight loss, however the NHS model was better as it was low cost and there was no risk of providers using it as a platform to sell products.

It was reported that communications between the Council and GPs were generally good, however there were challenges in relation to NHS health checks. Although there had been some improvements, GPs were resistant to introduce them for a number of reasons. Members expressed concerns about GPs unwilling to conduct health checks and urged officers to be mindful of this issue and monitor it.

To conclude, Members were pleased with the update and the positive results from the review, which could be seen in the reduction of deaths. Members commended officers for their work.

**RESOLVED:**

- 1) That the update be noted.**
- 2) That the officers be commended for their work and positive results.**

68. **UPDATE ON PREVIOUS REVIEW: THE EFFECTIVENESS OF EARLY HELP TO PROMOTE POSITIVE OUTCOMES FOR CHILDREN** (*Agenda Item 7*)

The Assistant Director of Early Intervention Prevention and SEND, Tom Murphy presented the update report on The Effectiveness Of Early Help To Promote Positive Outcomes For Families in 2015/16. A number of recommendations were made to Cabinet in 2016 and Mr Murphy outlined how these recommendations had been implemented.

Overall, there had been positive progress since the review which could be seen by results of the recent Ofsted inspection in childrens services.

It was highlighted that there had been significant development in partnership working which involved a focus on sharing data and intelligences to support effective collaborative working so that those in need of early help could be identified and supported. This was demonstrated through the Troubled Families initiative and the Axis project. Troubled Families was a multi-agency initiative established to support families experiencing different challenges. Under this scheme 2000 families had been identified as being in need of support and 736 had achieved significant and sustained changes in their circumstances.

The Axis project was also highlighted as being a project which recognised the importance of using and sharing data and intelligence. This project specifically supported children and young people at risk. It was highlighted that out of the 61 young people working with the Axis project, none were referred to the youth offending service and childrens social care.

It was noted that early help was being promoted through the Council's Connect to Support website. It was acknowledged that although it was a difficult task to encompass all information, the service was still in good shape. Further, services and advice was communicated through various different apps developed and social media.

Members considered the report to be comprehensive and were pleased to see the progress made on the recommendations.

During Member discussions, it was noted that internal audit made a number of high risk recommendations in relation to an audit of early year's centres. It was confirmed that there were challenges in relation to business management of centres. Business process needed to be looked into, the issues had not been resolved but were being looked into by staff.

Members questioned why one of the recommendations made during the review had not yet been undertaken. The recommendation is stated below:

*That a review be undertaken of Child and Adolescent Mental Health Services (CAMHS) at the earliest possible opportunity during 2016/17. It is further proposed that this be a joint review to involve the Children, Young People and Learning Policy Overview Committee, the External Services Scrutiny Committee and other bodies, if appropriate.*

Members were informed that although a review had not yet been undertaken, this matter was still on the agenda and would happen at the right time. The situation had improved since the review and regular updates were provided to Committees.

Overall, Members were pleased with the review updates, however requested further information on the types of families being helped. It was acknowledged that this data was not easy to ascertain as there were a breath of services under early services, however further information would be collated and circulated to Members in due course.

**RESOLVED: That officers be thanked for the report and progress in implementing recommendations**

69. **CABINET FORWARD PLAN** (*Agenda Item 8*)

**RESOLVED: That the Cabinet Forward Plan be noted.**

70. **WORK PROGRAMME** (*Agenda Item 9*)

The Chairman informed the Committee that the establishment of the Corporate Parenting Panel would be added as an item to the work programme for the next meeting in March 2019. Members would be presented with a copy of the proposed terms of reference and a report detailing its governance structure.

**RESOLVED:**

- 1) That the establishment of the Corporate Parenting Panel be added as an item to the work programme for the March 2019 meeting**
- 2) That the work programme be noted.**

The meeting, which commenced at 7pm, closed at Time 7.58pm.

These are the minutes of the above meeting. For more information on any of the resolutions please contact Anisha Teji on 01895 277655. Circulation of these minutes is to Councillors, Officers, the Press and Members of the Public.